

## Contact Medical Aid and get pre authorisation number

Dr TJ Nel practice number – 3802841

Referring Dr's practice number - \_\_\_\_\_

Procedure code - CT Abdomen & Pelvis pre & post – 40337

CT Triphasic Liver, Abdomen and Pelvis - 40340

CT Chest, Abdomen and Pelvis pre & post – 40355

CT Neck, Chest, Abdomen & Pelvis pre & post - 40360

Diagnosis code (ICD 10) - \_\_\_\_\_

Please write down the name of the person who gave the authorisation.

## INSTRUCTIONS FOR CT SCAN OF THE ABDOMEN AND PELVIS

### APPOINTMENT BEFORE 12:00

APPOINTMENT DATE AND TIME: \_\_\_\_\_

Please note that occasionally there are emergency cases for CT that can happen at any time. We will try our best to give you prior notice if your scan gets delayed, but this may not always be possible.

### DAY BEFORE EXAMINATION:

- MIX 20ml OMNIPAQUE IN 1L OF WATER OR CLEAR APPLE JUICE.
- HAVE NORMAL DINNER AND THEN NOTHING TO EAT OR DRINK FROM **22H00**.
- AT BEDTIME HAVE 2 GLASSES (500ML) OF THE MIXTURE.

### DAY OF EXAMINATION:

- HAVE 2 GLASSES AT \_\_\_\_\_.
- NO BREAKFAST BUT YOU ARE ALLOWED TO HAVE **BLACK** TEA/COFFEE WITH SUGER BUT NO MILK, DURING THE DAY.
- ALLERGIES \_\_\_\_\_.
- AUTHORIZATION MUST BE OBTAINED FORM MEDICAL AID BEFORE ARRIVAL.

### APPOINTMENT AFTER 12:00

### DAY OF EXAMINATION:

- HAVE A LIGHT BREAKFAST @ \_\_\_\_\_.
- NO FOOD AFTER BREAKFAST BUT YOU ARE ALLOWED TO HAVE BLACK TEA/COFFEE WITH SUGER BUT NO MILK, DURING THE DAY.
- MIX GASTROGRAFFIN IN 1L OF WATER OR 1L OF CLEAR APPLE JUICE.
- START DRINKING YOUR MIXTURE @ \_\_\_\_\_ AND FINISH IT BY \_\_\_\_\_.

**IT IS VERY IMPORTANT TO FOLLOW THESE INSTRUCTIONS FOR THE TEST TO BE PERFORMED SAFELY AND PROPERLY AND TO HAVE ACCURATE RESULTS.**

**PLEASE REMEMBER TO BRING ALL PREVIOUS SCANS DONE AT OTHER FACILITIES.**